

## **WHAT TO BRING (High School Adventure Camp)**

- Sleeping bag
- Pillow
- Clothing for warm days and cool nights  
\*remember that this is a church camp; please dress accordingly (i.e. no clothing with alcohol or drug advertisements, vulgarities, or the like).
- **Sturdy hiking shoes** – we will be hiking on uneven terrain
- Rain jacket
- Warm hat
- Flashlight
- Warm jacket
- Bath towels
- Toilet articles (toothbrush, soap, deodorant, etc.)
- Sunscreen & lip protection
- Bathing suit/shorts that dry fast
- Sandals that will stay on your feet in the water
- Water bottle
- Small backpack for hiking
- Mountain Bike (if you have one)

\*\*\*\*\*extra shoes and socks\*\*\*\*\*

### **OPTIONAL**

- Stamps and accessories for letter writing
- Sunglasses, Insect repellent, etc.
- Camera and Film

**PLEASE DO NOT BRING KNIVES, FIREWORKS, ILLEGAL DRUGS, ALCOHOL, OR CIGARETTES. THESE ARE NON-NEGOTIABLE AND WILL RESULT IN A TRIP HOME.**

Also, please **DO NOT** bring cellular phones, iPods, or hand-held video games. You will be asked to surrender these items to your parents at the time of check-in.

**THANK YOU!**